

CERTIFICATE

OF PARTICIPATION

This is to certify that

Lindi Fourie

Has successfully participated & completed the

5km Cowhouse Spring Trail Run 2016

held at Cowhouse Market.

TIME 01:32:31

PACE 18:30/km

OVERALL 58 of 64

29 October 2016, Sat

Date

GENDER 35 of 39

OPEN 24 of 26



BoutTime

Signature